

RAMADAN 2006 The 5th Day

An Ayat

**Allah, the Everlasting
Sustainer of all.**

(Surat al-Ikhlâs:2)

A Hadith

“When the dwellers of Paradise enter Paradise, an announcer will call: (you have a promise from Allah that) you will live therein and you will never die; you will stay healthy therein and you will never fall ill; you will stay young and you will never become old; you will be under a constant bliss and you will never feel miserable. ”

(Muslim)

ADVICE FROM OUR PROPHET (SAAS) REGARDING FASTING, BROTHERHOOD AND PROPER MORAL VALUES DURING RAMADAN

Abandoning Worldly Appetites - II

Another measure of sincere self-sacrifice can be seen among those who are poor or who have limited means. Such people could claim material and emotional difficulties in an attempt to assuage their conscience. However, they must not forget that Allah cares for them, as well as supports and helps them, and that He will show them an easy way out of their difficulties if they show a good moral character. Allah says that better things await those who seek only His approval:

Those who respond to their Lord will receive the best. But as for those who do not respond to Him, even if they owned everything on Earth and the same again with it, they would offer it as a ransom. They will receive an evil reckoning, and their shelter will be Hell. What an evil resting-place! (Surat ar-Ra'd: 18)



Those who refuse to be self-sacrificial and do favors for others, worrying that such actions might harm their interests, might wish to give everything that they have as a ransom to save themselves from the pains of Hell. However, they will learn on the Day of Judgment that nothing they offer will be accepted. The Qur'an praises the superior morality of believers in this regard:

[The people who guard against evil] give in times of both ease and hardship, those who control their rage and pardon other people – Allah loves the good-doers. (Surah Al 'Imran: 134)

Your wealth and children are a trial. But with Allah there is an immense reward. (Surat at-Taghabun: 15)

The above verse reveals that the allures of this worldly life are only a trial and a source of temptation. In another verse, He warns those who are overcome by desire and forget about winning His favor:

O you who believe. Do not let your wealth or children divert you from the remembrance of Allah. Whoever does that is lost. (Surat al-Munafiqun: 9)

There may be times when people have to sacrifice not only their material possessions, but also their life. It should not be thought that this is restricted to certain situations. People enjoy many different blessings in this earthly life. Believers know that all of these blessings come from Allah's mercy in the form of a test, and so always think about how they can best use the means at their disposal to win Allah's favor. Sometimes they may have to risk their life to save another believer or give up their respect, rank, and position to help another person. Likewise, they may have to use their own money to solve another person's problems, sacrifice their orderly life for a person's well-being, put their own needs second to somebody else's health, or become physically exhausted and have to expend more effort than usual.

Fully aware believers try every day to use their mind and talents, knowledge and experience, physical strength and time in the best way. When required, they give up their own comfort and free time. For example, they may deprive themselves of sleep and food, ignore their personal affairs, and do good works with the intention of benefiting others. It would be quite reasonable for them to set apart large blocks of time for themselves and use the rest to help others. Although such people may be considered to act according to their conscience and freely donate their spare time, each action can still be done better. The spirit of self-sacrifice that comes from sincere belief leads people to do more than they were going to and to make the best use of every second at their disposal.

Allah offers human beings many such possibilities. However, some people get caught up in a great desire for the things of this world. Instead of thanking Allah for the blessings they have, they become less generous, and even greedy to acquire more:

Leave the person I created on his own to Me alone, the one to whom I have given great wealth and children who stay with him and whose way I have smoothed. Then this person wants Me to add yet more! (Surat al-Muddaththir: 11-15)

Greedy for the allures of this life, such people avoid self-sacrifice and, instead of trying to win Allah's favor, pursue their own gain:

Know that the life of this world is merely a game and a diversion, ostentation and a cause of boasting among yourselves, and trying to outdo one another in wealth and children - like the plant-growth after the rain, which delights the cultivators. But then it withers and you see it turning yellow, and then it becomes broken stubble. In the Hereafter, there is terrible



punishment but also forgiveness from Allah and His good pleasure. The life of this world is nothing but the enjoyment of delusion. (Surat al-Hadid: 20)

As stated in this verse, whatever people possess and may avoid sacrificing is like plant-growth in the field, for one day everything will pass away. Only good deeds done to earn Allah's favor will receive the finest reward in His presence and turn into blessings in this life and the Hereafter. Allah reveals this truth:

Wealth and children are the embellishment of the life of this world. But in your Lord's sight, right actions that are lasting bring a better reward and are a better basis for hope. (Surat al-Kahf: 46)

EXAMPLES TO LIVING FOSSILS:

PONDEROSA PINE



Age: 15 million years old

Size: 25 millimeters (0.9 in)

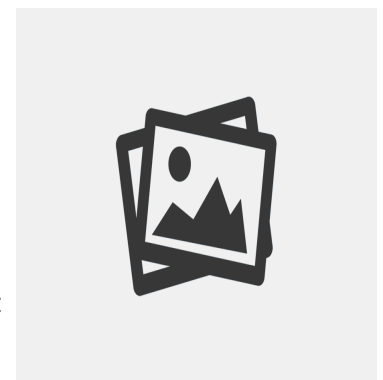
Location: Stewart Springs Flora, Stewart Valley, Nevada, USA

Formation: Green River Formation

Period: Miocene

The

pine needle pictured is 15 million years old. Pine needles of 15 million years ago and those of today are identical. The fact that they remain the same despite the millions of years that have passed once again proves that evolution never existed.



THE NAMES OF ALLAH:

AL-BASEER

The All-Seeing

Have they not looked at the birds above them, with wings outspread and folded back? Nothing holds them up but the All-Merciful. He is the All-Seeing. (Surat al-Mulk:19)

Our human faculty of sight is limited. With the naked eye, we can see for only a few kilometers. But to achieve this, we need clear weather and to be standing on a high place. Yet no matter how convenient the conditions may be, we can see only a hazy image.

In some situations, and especially when people are alone, they assume that nobody sees them. Assuming that they will not have to account for their deeds, they feel encouraged to do whatever they wish. Furthermore, they think they will never suffer any consequence for their wrongdoing. But this is a great delusion, for Allah sees even the smallest act. While our eyesight is limited, Allah sees the room in which a person remains, the rooms surrounding that room, the entire house, the city and country that harbor that house, the continent in which that country is located, the entire Earth, all planets, space, and all other dimensions beyond it. In the Qur'an, Allah informs us that He is aware of everything:

You do not engage in any matter, recite any of the Qur'an, or do any action without Our witnessing you while you are occupied with it. Not even the smallest speck eludes your Lord,



either on Earth or in Heaven. Nor is there anything smaller than that, or larger, which is not in a Clear Book. (Surah Yunus:61)

Perform prayer and pay alms. Any good you send ahead for yourselves, you will find with Allah. Certainly Allah sees what you do. (Surat al-Baqara:110)

They have different ranks with Allah. Allah sees what they do. (Surah Al -Imran:163)

THE EVOLUTION DECEIT:

Life Comes From Life

The erroneous theory known as "spontaneous generation," which had been around since at least the Middle Ages, maintained that inanimate substances could by chance assemble to produce a living being. The idea that insects formed from food wastes or mice from wheat was widespread up, until the 18th century. Even in the 19th century, when Darwin wrote his book *The Origin of Species*, the scientific world still widely believed that bacteria could arise from inanimate matter.

In fact, however, only five years after Darwin published his book, Louis Pasteur announced his results after long studies and experiments, that disproved spontaneous generation, a cornerstone of Darwin's theory. In his triumphal lecture at the Sorbonne in 1864, Pasteur said: "*Never will the doctrine of spontaneous generation recover from the mortal blow struck by this simple experiment.*" (Sidney Fox, Klaus Dose, *Molecular Evolution and The Origin of Life*, New York: Marcel Dekker, 1977. p. 2)

His findings revealed, once again, that life did not emerge spontaneously on Earth, but that it began with a miraculous creation.

THE SIGNS LEADING TO FAITH :

LIFE-SAVING FLUIDS

Eliminating the wear of friction, creating hydraulic forces, reducing the impact of blows, providing clear visual images, maintaining equilibrium ... These are just a few of the feats that fluids achieve in our bodies, the most complex machines in the world.

What are these fluids? Where in your body do they operate? How does their existence affect—and enable—your entire life? In seeking answers to these questions, the one most important matter that we must not forget is that, like everything in the universe, the liquids in our bodies act under the inspiration of our Lord, and are under His control at every moment.

Your Internal Organs and Their Lubricant Protection

In the course of their daily activities throughout the body, our internal organs are in a constant state of motion. The friction that these activities generate represents the most important threat to these organs. God, the flawless Creator of all things, has created life-saving fluids that provide our internal organs with this protective lubrication. For example, between the two membranes that surround the lungs lies what is known as "pleural fluid." With a volume of 5 to 15 milliliters, it reduces any friction as we inhale and exhale.

Another liquid assisting the internal organs is the so-called peritoneal fluid between the stomach membranes. Like the liquids in the heart and lungs, this lubricant fluid in the peritoneal membranes with an area of 2 square meters, has a volume of less than 100 cubic centimeters. Due to the stomach membrane's fluid-absorbent properties, more than 100 cubic centimeters of this fluid is absorbed, thus keeping the internal organs constantly moist and supple.

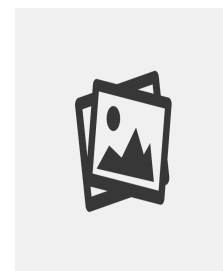
In adults, some 50 milliliters of pericardial fluid is also found between the coronary membranes, where it serves a most important function. The noteworthy point is that despite though the surface area of the heart membranes is smaller than that of the lungs, they contain more than three times the amount of fluid. The reason for this is that the heart works five times as hard as the lungs. A person with a pulse rate of 72 beats per minute breathes an average of 13 to 14 times in that same period. Here, the more abundant fluid increases lubrication during the heart's contractions and prevents any friction that its intense activity might create. Were it not for this fluid, friction affecting the heart-muscle tissues would develop the disorder known as hypertrophy. The heart would be unable to function, and would stop beating.

Another life-saving fluid is found lying between the brain, and the skull. Three membranes protect the skull from the inside and the brain from the outside. Between the two outer membranes is some 140 to 150 milliliters of cerebral spinal fluid. It is particularly interesting that it is only around 50 grams thanks to the lift force within this fluid while when the brain is removed from the skull and weighed it is 1,400 grams. In some diseases in which the level of this fluid is reduced, severe headaches result because of the brain's pressure against the skull. At the same time, whenever a blow is inflicted on the head, this fluid can reduce or even eliminate any injury by reducing the impact on the brain.

Fluids Around the Sense Organs

As with our internal organs, your sense organs also contain vitally important fluids. .

There are different fluids in every part of the optical cavity; and the globe of the eye itself is divided into two parts: the iris and the lens. The anterior fluid is known as the aqueous humor, and the posterior one, the vitreous humor. The duty of the vitreous humor, which comprises two-third of the eyeball's volume, is to maintain the eye's spherical shape. This transparent fluid, around 24 milliliters in volume, is transparent and gelatinous in consistency. If this fluid were tinted yellow, like the fluids that keep our joints lubricated and permit us to move freely, then everything around us would appear to be yellow in color. This is just one of the matchless features in our Almighty Lord's creation. Like the vitreous humor, aqueous humor is also transparent, and has a volume of around 0.125 milliliter and is produced in glands inside the iris, which gives the eye its color. Like the eyes' other fluids, this vitreous humor also serves a vital function in facilitating vision: It enables images to be perceived in their actual, normal dimensions by reducing refraction in the anterior and posterior section of the lens in the eye by 25 percent. Were it not for this fluid, we would imagine ourselves to be surrounded by giant objects, or else we would experience an unrealistic sense of depth that would make it difficult to read print like this.



As most people already know, the ear is an organ of balance as well as of hearing. At any given instant, the position of the head and body is constantly determined by the inner ear. The fluid in the labyrinth, known as the perilymph, is dark in color and its viscosity makes it flow very slowly. It ensures a sense of balance by instantly coordinating with the muscles, nerves, and organs such as the cerebellum and the brain. The fluid's high viscosity guarantees a slow flow when you change position by sitting down or standing up. If this perilymph had any lower viscosity, your nerves would be stimulated by even the slightest movement and change of position, resulting in a state of constant dizziness.

When you realize that this meticulous order exists within all the systems in the body, and that this sublime design is exhibited throughout its every detail, you will once again see the perfection of Almighty God's flawless design.

God has revealed this in a verse:

That is God, your Lord. There is no deity but Him, the Creator of everything. So worship Him. He is responsible for everything. (Surat al An'am:102)

BOOK OF THE DAY:

Self-Sacrifice in the Qur'an's Moral Teachings

The Qur'an reveals a very important truth: "You will not attain true goodness until you give of what you love." (Surah Al 'Imran: 92)

Self-sacrifice, one of the basic moral qualities that allows people to attain real goodness, can enable individuals to give up, happily and without a second thought, all that they own, love, and value.

All people are created with negative moral tendencies that direct them toward selfishness and egotism. If one's lower self is not trained, this selfishness will take control of one's moral character. However, people can overcome their lower self by understanding belief in Allah and practicing the Qur'an's moral teachings.

This book examines the nature of self-sacrifice from all angles. You will see for yourself that self-sacrifice is a moral virtue that must dominate a believer's life and that it must be lived in its totality to win Allah's favor.



SITE OF THE DAY:

DARWINISM REFUTED .COM

www.darwinismrefuted.com



In this site, we will analyze this scientific crisis faced by the theory of evolution. This work rests solely upon scientific findings. Those advocating the theory of evolution on behalf of scientific truth should confront these findings and question the presumptions they have so far held. Refusal to do this would mean openly accepting that their adherence to the theory of evolution is dogmatic rather than scientific. <https://www.harunyahya.info/en/articles/ramadan-2006-the-5th-day>